



EAST YMCA

www.ymcadanecounty.org

608.221.1571

**Summer - 2010
Pool Schedule
June 14 - August 22**

OPEN

Any member or guest may use the pool for any lifeguard approved activity. Children age 6 and under must be accompanied in the pool by an adult. Children ages 7 & 8 who do not pass the deep water test must be actively supervised by an adult guardian in the pool area.

LAP

Any adult (18+) may swim laps. Adult non-swim activity not permitted.

FAMILY SWIM

During Family Swim, parents must be with children in the pool.

CLASS

No pool access in areas designated as "class".

SWIM TEAM

No pool access in areas designated as "Swim Team".

YOUTH LAP

Available for ages 13-17.

YOUTH/FAMILY LAP

Available for ages 8-17. Children ages 8-12 must be accompanied by an adult.

WHIRLPOOL

For use by persons 16+ years of age.

Please Note: All fees, rates, and schedules are subject to change without advanced notice.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-5:30						Building Open 6:00am	
5:30-5:45							
5:45-6:00							
6:00-6:15	YOUTH/ADULT		YOUTH/ADULT		YOUTH/ADULT		
6:15-6:30	LAP	LAP	LAP	LAP	LAP	LAP	
6:30-6:45							
6:45-7:00							
7:00-7:15							
7:15-7:30							
7:30-7:45							
7:45-8:00							
8:00-8:15							Building Open 9:00am
8:15-8:30							
8:30-8:45							
8:45-9:00							
9:00-9:15	WATER EXERCISE		WATER CLASSES AND SWIM CLASSES		WATER EXERCISE	CLASS	
9:15-9:30	CLASS						
9:30-9:45		CLASS		CLASS			
10:00-10:15	WATER AEROBICS		WATER CLASSES AND SWIM CLASSES		WATER AEROBICS	WATER AEROBICS	
10:15-10:30							
10:30-10:45							
10:45-11:00							
11:00-11:15	OPEN				OPEN/ *CLASS 6/18 (10:45-2:00)		
11:15-11:30							
11:30-11:45							
11:45-12:00		*CLASS 6/15 (11:30-2:45)		*CLASS 6/17 (11:30-2:45)			
12:00-12:15	LAP		LAP/ *CLASS 6/16 (11:00-2:00)	LAP	LAP*	LAP	
12:15-12:30							
12:30-12:45							
1:00-1:15							
1:15-1:30	OPEN	OPEN/ SACC* (12:00-2:45)	OPEN*	OPEN/ SACC* (12:00-2:45)	OPEN*		
1:30-1:45							
1:45-2:00							FAMILY SWIM
2:00-2:15							
2:15-2:30	WATER V-BALL		WATER V-BALL		WATER V-BALL		
2:30-2:45							
2:45-3:00		GENTLE WATER EXERCISE		GENTLE WATER EXERCISE			
3:00-3:15							
3:15-3:30	OPEN				OPEN	LAP	
3:30-3:45							
3:45-4:00							
4:00-4:15							
4:15-4:30	SWIM TEAM	CLASS	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM	
4:30-4:45							
4:45-5:00							
5:00-5:15							
5:15-5:30							
5:30-5:45							
5:45-6:00	LAP	LAP	LAP	LAP	LAP		
6:00-6:15							
6:15-6:30							
6:30-6:45							
6:45-7:00	WATER CLASSES AND SWIM CLASSES			WATER CLASSES AND SWIM CLASSES			
7:00-7:15		CLASS		CLASS			
7:15-7:30			WATER AEROBICS				
7:30-7:45							
7:45-8:00							
8:00-8:15		LAP**		OPEN			
8:15-8:30				LAP**	OPEN**		
8:30-8:45							
8:45-9:00							
9:00-9:15	OPEN	LAP	LAP	LAP	OPEN	YOUTH/FAMILY LAP	
9:15-9:30							
9:30-9:45							
10:00-10:30							

Pool and YMCA Close 7pm

* Lifeguard Class
June 15,16,17 & 18

** Class
June 15,17,22 & 24

4th of JULY
Sunday, July 4
Open 9am - 5pm