



Intersession 2010 Gym Schedule

August 23 - September 5

Gym Closed Aug 30 - Sept 6

OPEN Any member or guest may use the gym. Members only after 3:00pm Monday - Friday and all day Saturday and Sunday. Be considerate of small children. Full court basketball will be determined by staff.

ADULT OPEN Open Pick-Up Games for Adults, in hockey, basketball. Members only after 3:00pm Monday-Friday and weekends.

FAMILY PRIME TIME Open gym for YMCA "family" members. Children must be accompanied by an adult.

CLASS No gym access in areas designated as "class."

East YMCA Gym Rules

- No dunking on the baskets. YMCA employees have the right to eject anyone seen dunking.
- Full court basketball games are limited to adult basketball and Midnight Hoops.
- No horseplay, running, shoving, or dunking.
- No food or drink in the gym.
- Hoops are lowered only during class, leagues and during times when a YMCA supervisor is assigned to the gym.
- The gym schedule attempts to give all age groups and activities as much time as possible.
- Everyone is expected to comply with this schedule.
- No foul or abusive language will be tolerated.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15-5:30	OPEN	OPEN	OPEN	OPEN	OPEN	Building Open 6:00am	
5:30-5:45						18 or Older Open Basketball Members Only	
5:45-6:00	18 or Older Open Sports Monday/Wednesday/Friday-Floor Hockey Tuesday/Thursday-Basketball						
6:00-6:15						OPEN	
6:15-6:30	OPEN	OPEN	OPEN	OPEN	OPEN		Building Open 9:00am
6:30-6:45						OPEN	
6:45-7:00							
7:00-7:15						OPEN	
7:15-7:30							
7:30-7:45						OPEN	
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10:00-10:30						OPEN	
10:30-							

REVISED 11/19/09

Gym and YMCA close at 10:30pm